

"The other night I found this insightful *Parable of the Popcorn* that I had saved since I was a teenager. Little did I know that my very own daughter would fit this comparison for a dark and difficult decade.

"Little by little, we found holistic tools to break through Heidi's hard shell of **autism**. Today, she is significantly better and a joy to be around.

"You can learn more each week, by listening to my audio shows online, **'Hidden Treasures of Health: from Autism-recovery to Zinc.'**

"So, just keep *your* warm and gentle flame of love burning for those who need it the most."

Elayne Pearson,
The Women's Information
Network.

www.thewinonline.com

Parable of the Popcorn

The first time you notice me
you'll have to admit,

I have an outside, hard as grit.

No amount of force or pressure,
can make me change to something better.

But if, by a gentle flame I'm basted,
I'll change to the best popcorn you've tasted.

Some people are like popcorn, too,
with an outside shell that's hard to get through.

But if you take time to care,
you'll discover the potential hidden there.

By letting your love and patience show,
you can help me to grow!

